

Mallet Exercises Excerpt:
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Reading Mallet Percussion Music

Third Edition

by **Rebecca Kite**

All tracks performed by Rebecca Kite, marimba,
(YM6000 marimba, AKG 414 microphones)
Recorded in Heartwood Studio, Leesburg, Virginia

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Technique Exercises

Scale Based Exercises

1 quarter = 92, fourths **2** quarter=92, chromatic

L R L R L R L R L R L R L R L L L R L R L R L

3 quarter=92, fourths **4** quarter=92, fifths **5** quarter=92, fifths

R L R L R L R R L R L R L R L R L R L R L R L R L R L R

6 quarter=92, fourths

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

7 quarter=92, fourths

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

8 quarter=92, fourths

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

9 quarter=80, chromatic

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

10 quarter=92, fifths

L R L R L R L R L R L R L R L R L R L R L R L R L R L R L L R L R L L R L R L



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Roll Exercises

23 quarter=92, fourths

RRRRRLRLRLRL RRRRRLRLRLRL RRRRRLRLRLRL RRRRRLRLRLRL

RRRRRLRLRLRL RRRRRLRLRLRL RRRRRLRLRLRL RRRLRLRL

LLLLRLRLRLRL LLLLLRLRLRLRL LLLLLRLRLRLRL LLLLLRLRLRLRL

LLLLRLRLRLRL LLLLLRLRLRLRL LLLLLRLRLRLRL LLLRLRL

24 quarter=92, fifths

LLLRLRLRLRLRLRLRLRLRL LLL etc.

RRRLRLRLRLRLRLRLRL

R R R L etc.



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Arm Movement Exercises

Use a relaxed, fluid motion. To reach the octaves, throw your arms outward from your body, letting them relax and fall into the correct note positions, returning easily to the center.

28 quarter=74



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29 quarter=60

30 dotted quarter=40